



SAMPLE ITINERARY
Four nights / four days
in Brazil



BELMOND

ITINERARY

DAY 1

Arrival international flight in the evening

Transfer to the hotel

Welcome dinner at MEE

One of the first restaurants in South America to be awarded a prestigious Michelin star, take a seat and discover the most sophisticated pan-Asian cuisine in Rio. The vision of celebrity chef Ken Hom and led by Executive Chef Kazuo Harada, MEE takes you on an exotic gastronomic journey. Taste your way through countries including Thailand, Malaysia, Singapore and Japan. Take a journey through 25 imported sake varieties. The enticing drinks list is complete with 18 innovative cocktails that capture the spirit of the restaurant.

Overnight stay at Belmond Copacabana Palace

DAY 2

Breakfast at Mirante Paineiras and visit of the iconic Christ The Redeemer

Fancy waking up to Rio's most fascinating view? Many say that Rio is a city to be enjoyed from above. And with Christ the Redeemer standing on one of the highest points of the city, with spectacular views, it is no surprising that this is one of the most sought after tourist attraction. The recently inaugurated Mirante Paineiras restaurant, built in the old Hotel das Paineiras, is a unique venue. A deck set in the woods with a 240sqm lounge was created as an extension of the restaurant's internal lounge, with stunning views of Rio de Janeiro and the lush nature of the Tijuca Forest. A unique experience of sensations and flavours!

Visit Cidade do Samba

Samba City, in Rio's docklands, is virtually the birthplace of the Carioca samba and home to the production units of the well-known samba schools in Rio. While preparations for the Rio Carnival carry on at these units, Samba City is now a major tourist attraction with the schools providing plenty of entertainment throughout the year. This area was built by the city of Rio to allow a place for samba schools to practice their routines and build their floats and parade costumes. Not only does Samba City serve the samba schools but it is also one of the largest arts and entertainment centres in Brazil. Samba shows are held daily much to the delight of the tourists. These shows teach spectators all about the rich influence of Samba on the native culture

Lunch at Aprazível

Aprazível Restaurant is located in Santa Teresa, a carioca district where life flows at a slower pace. Innumerable reasons do justice to its name as the word aprazível means pleasant: the view of the Guanabara Bay, the poetic sun-set, the patterned trees that provide cooler days in the summer and protection from the cold in wintertime, the cozy ambiance and the background music make coming to Aprazível a true sensory experience.

Free time to relax and enjoy the hotel's facilities

Dinner at the Museo de Amanha

A new icon of the modernization of Rio de Janeiro's harbour, the Museum of Tomorrow was born in the Praça Maua as a science museum meant to explore, imagine, and conceive all the possibilities for constructing the future. An experimental museum, where the content is presented through a narrative that combines the accuracy of science with the expressiveness of art, using technology as a support in interactive environments and audiovisual and gaming facilities created from scientific studies conducted by experts and data released all over the world. Designed by the Spanish architect Santiago Calatrava, the building - whose organic shapes were inspired by the bromeliads of the Botanic Garden of the city - occupies an area of 15 thousand square meters, surrounded by reflecting pools, gardens, a bike lane, and a leisure area, all adding up to 34.6 thousand square meters of the Praça Maua. The Museum offers a number of spaces that are 100% accessible and can be rented for events.

DAY 3

Breakfast at the Pergula Restaurant

Capoeira workshop on Copacabana Beach

Capoeira is a movement blended with music, dance and martial arts, and was developed by West Africans that were enslaved in Brazil approximately 500 years ago to disguise their combat training. The dance-like moves and elegant kicks tricked the plantation owners into believing it was an African dance ritual. It is a popular sport in Brazil nowadays, and Rio de Janeiro offers plenty of schools to practice capoeira.

Visit of at Sugar Loaf Mountain

Pao de Acucar known as Sugarloaf Mountain is one of the most iconic and sought-after landmarks of Rio de Janeiro and top attraction you must visit while exploring this stunning South American city. Standing on the top of the massive 396 meters high mountain overlooking the city of Rio de Janeiro, its famous beaches, historical center, modern skyscrapers, Tiuna National Park with the Christ the Redeemer statue and the harbor will leave you speechless.

Transfer to the airport and domestic flight to Iguassu Falls (2hours)

Sunset welcome cocktail by the falls

The only hotel located within Brazil's Iguassu National Park, Belmond Hotel das Cataratas enjoys an unrivalled location just a short stroll from the sensational waterfalls. Enjoy exclusive access to this magnificent sight in the evening and at dawn, when the park is closed to other visitors.

Forest Experience Dinner

When the Guarani-Mbya tribes-people receive a visitor in their village, first, they hold a ceremony, involving dance, food and the tobacco ritual. Only afterwards do they converse and get to know each other. Through the Forest Experience, the Guarani invite you to live this experience, immersing yourself in their culture, in the middle of the Amazonian Forest, at night, around a bonfire, accompanied by a traditional dinner shared with them. Come with an open mind and be prepared to experience a magical night like no other. This is a not-for-profit community support project by Parque das Aves

Overnight stay at Belmond Hotel Das Cataratas

DAY 4

Breakfast at Ipe Restaurant

Helicopter ride over the falls

Get a birds eye view of one of the greatest wonders of nature, the world-famous Iguassu Falls and understand why Eleanor Roosevelt remarked, "Poor Niagara" when she first saw the Iguassu Falls

Bird Park Backstage Experience

Parque das Aves is an internationally recognized rescue and conservation centre for birds, located in the middle of the rich and exuberant Atlantic Rainforest, neighbour of the Iguassu National Park. Backstage Experience is your opportunity to have a look inside of our work during a tour that includes access to restricted areas and the privileged contact with some birds, featuring feeding of toucans and other species and the opportunity to better understand the conservation and rescue programs at Parque das Aves.

Lunch at Itaipu Restaurant at Belmond Hotel Das Cataratas

Macuco Safari Boat

Since 1986, inside the Iguassu National Park, Macuco safari, has played host to visitors who've come from all over the world, to take them to feel the force of the natures and its magic through water and gravity, where adventures, emotion and safety complete each other in a memorable boat trip. We are placed inside a unity of national conservation and a UNESCO World Heritage Site, therefore we act according to the sustainability concepts, always looking to minimize the impacts to nature, in a commitment and constant social and environmental responsibility.

Free time to relax and enjoy the hotel's facilities

Chef's House Experience

Ever thought of trying a moqueca prepared like 600 years ago? In Foz do Iguassu there is an opportunity to dive in the search of our origins and to taste more than dishes, a gastronomic reflection, in high culinary style. An experience of sensations and customs told through the various stories of Brazilian cuisine, in a six-course menu, finalized and staked in a kitchen show, where the chef will explain how some "piece de resistance" of Brazilian cuisine are prepared.

Overnight stay at Belmond Hotel Das Cataratas

DAY 5

Private guided tour of the falls

Breakfast at Ipe Restaurant



BELMOND

Domestic flight to Rio de Janeiro

Lunch at Fogo do Chao

The tradition of running spit is a fairly new phenomenon. Famous since the 60's in the southern region of the country, the system also known as meat rotisserie allows you to taste all the cuts available in the house, usually served on the skewer itself - hence the name - by choosing the part and point that most please

Visit to the Hippy Fair Crafts Market

The Feira de Arte de Ipanema (more commonly known as the Hippy Fair) is the most well-known and popular street market in the south zone of the city. Stalls of various goodies are set up every Sunday, while the centre of the square is reserved for artists selling much larger canvases and artworks. This famous fair was set up in the 1960s by a group of local hippies who were looking for a regular place to sell their handicrafts to tourists and locals.

Transfer to the airport

International flights