

# NEW TOURS

## RIO DE JANEIRO

*Walpax*  
YOUR OFFICE IN **BRASIL**

A COMPANY OF  
*Grupo Águia*  




# LET'S SAMBA

## RIO DE JANEIRO

Samba is a musical and dance genre, the most famous in Brazil, originating in the city of Rio de Janeiro. With remarkable African influence that emerged in Bahia, despite being the result of European and African musical structures, it was with the symbols of Brazilian black culture. Besides being one of the most popular music genres in Brazil, samba is well known abroad.

For 90 minutes guests will be invited for a samba workshop with a couple of teachers with extensive experience on stage. The class consists of samba history (theory), samba class and practice with teachers and music. 2h of activity approximately, with a 15min interval. The class can be in a dance school in the city center, proper space for dance classes and air conditioned. Or teachers can travel anywhere. It is possible to add a samba trio with live drumming and music practice (with additional cost)





## Pedra Bonita Trail ( Easy Access)

RIO DE JANEIRO

The "Pedra Bonita" hiking is a immersion in the green of the rainforest, a pleasant walk with possible encounters with monkeys.

As if it was magic, the city appears through the tropical green, when visitors will see a spectacular view of the city. You will see the entire western area of the city, São Conrado, Rocinha, Ipanema. One of the most beautiful views that the Wonderful City can offer. Att: easy access





# RIO DE JANEIRO EXOTIC BEACHES

## RIO DE JANEIRO

Located in the west of Rio de Janeiro, the Mirante do Caeté is situated within the Parque Estadual da Prainha. Founded in the 90s, the park set up a forest reserve with well-preserved flora and fauna. The Mirante do Caeté has a nice trail around 40 minutes, ideal for all types of group and offers a beautiful panoramic view of Prainha beach, the districts of Recreio, Vargem Grande and the beaches of Macumba and Recreio dos Bandeirantes. After the trekking, nothing better than a sea bath in clean, calm waters. The day can be extended with a tasty lunch in a seafront restaurant with panoramic views.





# LITTLE AFRICA

## RIO DE JANEIRO

Attempts to establish formal relations between Afro-Brazilian and African communities after the Diaspora have never been very successful. Our African brothers know very little about Afro-Brazilians and vice versa. Afro-Brazilians still maintain and manage to preserve the culture and traditions of their ancestors in matters of music, cuisine, religion and languages. These concepts are part of their daily lives that Afro-Brazilians are not called Afro-Brazilians, but black. Another aspect to consider is that Brazilian international relations are intense with the African brothers. While Nigeria has the largest black population in the world, Brazil has the second largest. This means that outside Africa, Brazil has the largest black population in the world. Rationale of the petition the importance of this exchange between Afro-Brazilians and Africans cannot be overemphasized as a means of re-establishing relations between the cultures affected by the diaspora.

This close relationship is not only beneficial for both communities but will have a ripple effect on all Black Diaspora communities. The exchange establishes relationships between the descendants of all Africans in the Americas. Points of Interest in Rio de Janeiro SAL STONE - Slave auction site in Gamboa, a national landmark PYRAMID CHAFARIZ (source pyramid, in fact where water would be collected to supply sailboats) - located in Praça XV (Praça 15 November), built by Mestre Valentim in 1872. Mestre Valentim was a talented black artist. PUBLIC WALK (Garden Tour) - Once a pond area, built with Desterro mountain embankment nearby. The lagoon was full because it had a reputation for being a place of malaria. The landscape, sculptures and design of the garden were by Mestre Valentim, the same builder of Piramide Fountain.

CHURCH OF THE THIRD ORDER OF CARMO (Church of the Third Secular Order of the Carmelites) - Its wooden altar was built by the Master Valentine around 1800. CHURCH OF THE BLACK MEN ROSARY (Church of the Rosary of Black Men) - a church built by slaves and using slaves. A symbol of your catholic faith. CARNIVAL MUSEUM (Carnival Museum) - Installed under the main building at the end of the carnival parade - called the Sambadrome. The museum has a collection of clothing and items related to the history of samba and carnival. TIJUCA NATIONAL PARK (Tijuca National Park) - The original vegetation that covered the mountains surrounding the city has been replaced by coffee plantations. Emperor Pedro II, being informed that these plantations would endanger the city's water supply, decreed that the area should be restored to its former status - a forest. The work was conducted by Frei Leandro and 16 black slaves. Tijuca National is the first reforestation project that took place in the mid-19th century.





## Lunch at Casa Vermelha (local family House)

RIO DE JANEIRO

The tour will happen at Santa Tereza Neighborhood, Rio de Janeiro. The tour can be done in 3 hours, there is a limitation of 30 people maximum per tour. If rain, people can not use tables in open air. Access only by car, van or Jeeps.

Hidden in the cobbled streets of the bucolic Santa Teresa neighborhood, we find a beautiful colonial-style house all painted in red, the Red House ( Casa Vermelha in Portuguese). The owner, Maria Teresa, a typical "carioca" lover of samba and Brazilian culture, opens its doors to serve the most traditional dishes of Brazil to her guests, the delicious feijoada or typical Brazilian barbecue. In the middle of a garden full of orchids and bromeliads, lunch is served. Then group can enjoy the pool or relax taking a caipirinha to the sound of birds. In addition to the lunch we can organize a samba or bossa nova group. Before or after lunch group can explore the bohemian neighborhood, its eclectic architecture and studios of local artists.





# Brazilian Wine Tasting (Cave Nacional)

RIO DE JANEIRO

The tour will happen at Cave Nacional located at Botafogo Neighborhood, Rio de Janeiro. The tour can be done in 2 hours. Maximum of 30 people per time. There are no restrictions in this tour.

Brazil is the land of caipirinha, but not only the caipirinha is the national choice. Today Brazil is one of the largest producers of award-winning sparkling wines. And you can see these award-winning brands in the National Cave, a restobar, deployment of the virtual store created in 2015, which only sells Brazilian wines from small and medium producers. To choose among more than 140 options, guests are invited to the charming winery. Tastes are all harmonized with local wines





# Palm Heart Tasting with Barbecue Lunch

RIO DE JANEIRO

The tour will happen at Hotel Portobello - Mangaratiba - Rio de Janeiro. The tour can be done in 6 hours. Maximum of 50 people per tour. In case of rain the open air lunch have to be moved to Hotel Please.

Located in Mangaratiba, south coast of Rio de Janeiro, between the mountains and Ilha Grande Bay, 100km from Rio de Janeiro - 01h40min. Resort Portobello is a farm with rivers, preserved Atlantic Forest and plenty of space. Facing the sea, with a beach of 1km long, white sands, coconut trees and calm sea. As soon as the group arrives will be greeted by a welcome cocktail in the gardens, the they will start the trip to Palmital (palm heart farm) the place has a rich Pupunha palm heart plantation - also known as "ecological palm heart" - an alternative environmentally . In addition to planting in an ecological manner, there is also the replanting of seedlings, aiming at the reforestation of the Atlantic Forest. The enviroment is rich in activities, group will have free time to explore trails, observe local flora and fauna or enjoy the sauna and natural pool. In an beautiful green area will be tasted the roasted palm and barbecue with drinks included (water, juices, soda and beer. The activity takes 03 hours and can be done on horseback or in a 4x4 vehicle depending on the group number.







# PADDLING AND BIKING IN RIO

## RIO DE JANEIRO

Cycling through Rio de Janeiro is one of the best ways to appreciate the beauties of the city. The quiet pace of bicycles allows the visitor to observe the details of the landscape, and allows stops at various points of interest. During the 2 hours tour, we will visit the beaches of Ipanema, Copacabana and continue to Urca beach where we will be welcomed with delicious coconut water to hydrate and continue the activities, now at sea.

"The ocean kayaking couldn't be in a better place! You will paddle in calm waters around the impressive granite rock of Sugar Loaf, with the city of Rio as a backdrop! In the itinerary, there will be time to rest, swim and have a snack before returning to Vermelha beach. A swimming experience is required for kayaking!" Recommendations:

Bring extra dry clothes (you can get wet!), Beach sandals, backpack, swimwear, towel, sunscreen, water and snacks. Kaiak).

### OPTIONAL:

Return by van that will take customers to Assador, where they will meet the HAVAS / WALPAX guide, have a delicious barbecue and then visit Santa Teresa.





# CARIOCA'S ADVENTURES

RIO DE JANEIRO

Tour of 6 Hours, including lunch

There are few cities in the world that can provide, along with its metropolitan dimensions, huge possibilities for nature sports activities. In this tour we will take you to enjoy, appreciate, practice and see how Rio has a magic harmony between your urban and natural side.

We invite you to explore the Urca region way beyond a regular sightseeing tour, we will climb the Urca Hill (part of Sugar Loaf Mountain complex) through an easily accessible trail, where from above we contemplate the beauty of the city with the view of the most famous postcards of the world, we will go down from the Urca Hill with its famous cable cars (Sugar Loaf), and from now on we will enjoy the Stand Up Paddle and Slackline activities on the beach, close to the Sugar Loaf Mountain. Finally, we will have lunch at the Urca Bar, a favorite meeting place of "Cariocas", on the shores of Guanabara Bay, we suggest that you taste the main dish, Camarão na Moranga (Shrimp inside the Pumpkin). We will return to the Hotel as we enjoy the view of Guanaraba Bay along the famous Urca wall.

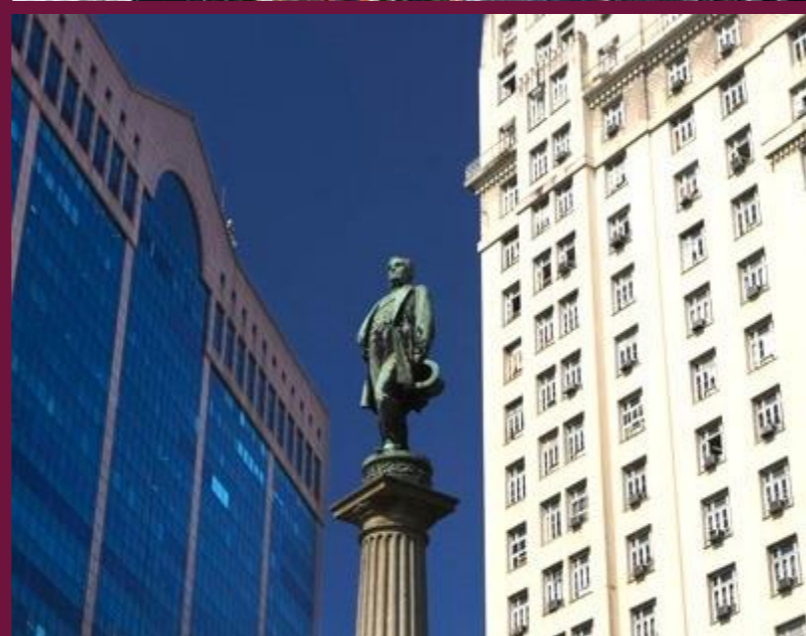
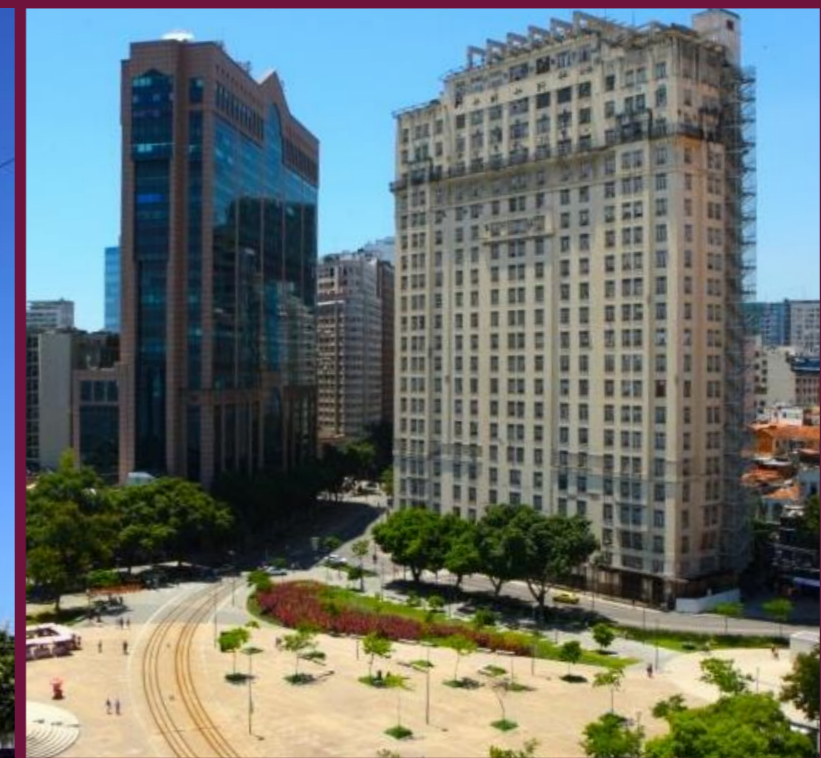




# RIO DE JANEIRO ART DÉCO RIO DE JANEIRO

Rio de Janeiro is considered the Art Deco capital of Latin America, with a collection of nearly 300 buildings and the largest Art Deco statue in the world, the Christ the Redeemer. There are traces of art deco not only in the Christ Redeemer, a monument elected as one of the seven wonders of the modern world, but in the buildings mostly located in downtown area but we will find also in the South Zone.

The signs of art déco appears in the stained glass, stairs, lamps, sidewalks, etc. The highlight points of this tour are: “ Central do Brasil” built between 1937 and 1943. The building has a tower of 135m high, the Carlos Gomes theater, the Municipal theater, etc. A walk by the Cinelandia about 2km, visiting buildings and discovering old 18th century churches hidden behind huge modern buildings! We will find 5 of the 10 original buildings, remaining from the opening of the avenue in 1905. We will explore its facades and all their details. This tour will take from 3 to 4 hours. It is mostly a walking tour It can be done by large and small groups. For large groups, we suggest to split between the sites to visit. We hope you enjoy the amazing stories told by these building.





# Ilha Fiscal Tour

RIO DE JANEIRO

The Ilha Fiscal Palace is open for visitation and it is an excellent option for a tour. There an event known as the 'Last ball of the Empire' took place, held few days before of the Proclamation of the Republic in Brazil. The transportation time to the island is 10 minutes.

In this visit there will be specialized guides showing the Halls and permanent exhibitions. Available from Thursdays to Sundays: 12h30, 14h00 and 15h30 Duration of the tour: 04 hours





# Feira do Rio Antigo ( Rio's Old Fair )

RIO DE JANEIRO

Every first Saturday of the month, the Lavradio street hosts the Rio's old fair. The Centennial street is home of historical mansions, bars, antique shops and concert halls.

For those who want to know the history of the city and have fun. The event also has a hundred of vendors offering a variety of products from furniture to clothing and accessories. Exhibitors promote musical performances and dance shows. The restaurants have typical food and drinks, such as 'caipirinhas'. Duration of the tour: 04 hours





# BRAZILIAN TRADITIONS

## RIO DE JANEIRO

Tour of 4 hours, including lunch

Brazil is a country of continental dimensions, each region has its own wealth culture traditions, gastronomic and artistic. Rio de Janeiro is a hub that receive and welcome people from all over Brazil, in special of the Northeast Region.

This schedule invites you to know the Northeastern Traditions Center, a true tour of art, folklore, culture and unique cuisine of the Brazilian Northeastern.

You will have contact with handicrafts, music, improvised poetry, you will taste the great variety of flavors of Northeastern gastronomy, that will make you live an experience by the vast continent called Brazil.





# BIKE TOUR

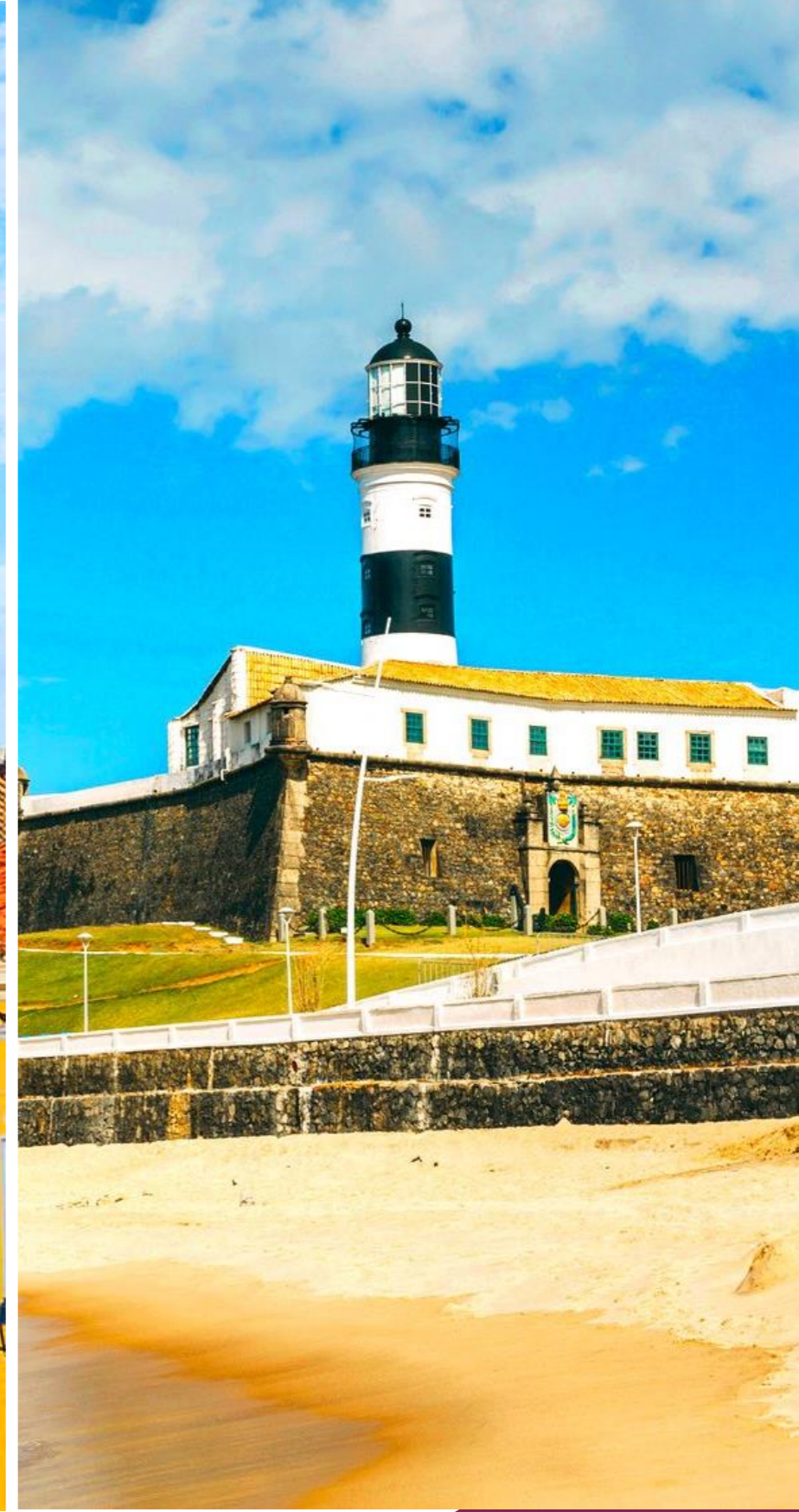
## RIO DE JANEIRO

Tour of 6 hours, including lunch

Cycling is part of the Carioca lifestyle, in a city with dozens of beaches, a huge coast, lakes, parks and forests, cycling is an opportunity that everyone needs to enjoy and appreciate the beauty of the city on two wheels.

In this program we will invite you to live a bit of this Carioca life style, we will spend the day strolling in the city with bicycles, passing through beaches, lagoons, parks, squares and monuments, with photo stops at Arpoador with a beautiful view of Ipanema waterfront and how about awith a refreshing drink, coconut water, facing the sea. During this tour we will have a stop for lunch.





# NEW TOURS

## SALVADOR

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# Salvador Cuisine & Art

## SALVADOR

Our ride goes down to the São Joaquim open market: it is the Brazilian scenario rich as a deep dive, so close to the real life of the everyday reality of Bahia's low-income population, people looking for economic alternatives to fill the bag. Tomato, okra, molasses, tapioca, coconut, palm oil palm, medicinal herbs, baskets, crafts and so on ... you can find everything on the market. There you will have an introduction to the most important components of Bahian and Afro-Brazilian cuisine and culture! After getting a good feel for the ingredients used in local cuisine, so richly influenced by the African people, we continue our experience at the studio and home of well-known artist Maria Adair, a renowned local artist who transforms all parts of the universe into art. surrounding it: the floor, the walls, the ceiling, the furniture, the utensils, the sand arts on the doors and many paintings.

Local chef Murilo Brochinni (son of Maria Adair) welcomes guests in this large house full of art and prepares a very refined meal, showing some peculiarities and the best of Bahian cuisine. This moment will satisfy our curiosities with fun and learning. Afterwards, lunch will be served, surrounded by artwork and enjoying a typical Bahia meal. Then we will have a guided tour of the artists' studio. Leaving the house, we will stop in the classic neighborhood of Vitória and visit Paulo Darzé Gallery, to check out some of the best works of contemporary Brazilian art in paintings, drawings, sculptures, photographs, installations and videos, where you can see some of Maria Adair's works. This gallery exposes contemporary art in its most varied expressions, languages and techniques. Return to the hotel.





## Cooking Class – Half Day

### SALVADOR

We visited the São Joaquim open market: it is the Brazilian scenario rich as a deep dive, so close to the real life of the everyday reality of Bahia's low-income population, people looking for economic alternatives to fill the bag. Tomato, okra, molasses, tapioca, coconut, palm oil Dende, medicinal herbs, ox horn, baskets, crafts and so on ... you can find everything on the market.

There you will have an introduction to the most important components of Bahian and Afro-Brazilian cuisine and culture! Having a good grasp of the ingredients used in local cuisine, so richly influenced by the African people, we continue our cooking experience at a local school-restaurant.

SENAC is a renowned cooking school where locals and tourists can take cooking classes. The restaurant's experimental cuisine and buffet style are in Senac's colonial building, in the heart of Pelourinho's Old Town. The class to be conducted focuses on demonstrations that prepare local popular dishes such as fish moqueca or shrimp. After class, we'll have lunch. Time to visit the gallery dedicated to Bahian gastronomy. (Subject to confirmation according to restaurant schedule)





# SALVADOR CANDOMBLE HOUSE

SALVADOR

Immerse yourself in one of Bahia's oldest African-influenced cultures. Lacking the resources to build cathedrals, Afro-Brazilians regarded the simple house as their temple of worship, within the means of runaway Africans or freed slaves. They achieved what they could project, and the result of their soul-searching was to lift and shake the music and dance. And this song and dance to lift and stir the soul was not limited to candomblé houses. Samba came straight out of Angola's candomblé and began to be played in its cultural celebrations. This and other rhythms strengthened Brazilian popular music and made it alive and influential, with unique beats. The Candomblé Terreiros in Salvador is a symbol of cultural resistance of the black slave descendants. In our tour, we will visit a local Candomblé Terreiro, part of Brazil's cultural heritage. In addition to having a terreiros and preserving the culture of candomblé, it also develops social work for the local community.

We will learn more about candomblé culture by visiting an original Terreiro in Salvador and listening to the percussion beats dedicated to the Orishas while tasting some of the ritual foods such as acarajé or abará. Terreiro Vodum Zo became the first sacred space overthrown by the municipality of Salvador. Its religious leader, Doté Amilton Sogbó, explains that this area preserves the original rites and dialects through community expressions and chants. Cultural references came with the Ewe-Fòn people (who were brought captive in the 19th century). These peoples settled in Salvador and in the concave regions of Bahia, especially in the city of Cachoeira and its neighborhoods. Doté is known for his deep knowledge of his religious tradition. He also received a notorious degree from Duke University (Durham - NC, USA). The diploma is the result of several of his trips to the institution to talk about Afro-Brazilian religiosity. If you are, dress respectfully. Pants for men and women should wear longer skirts. White is better because it is respectful of all the Orishas deities





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