

PHQ-9



Patient Details

| | |
|---------------|------------|
| Patient Name | DoB |
| Aarushi Gupta | 14/02/1995 |
| Gender | Age |
| female | 27 years |



Completed By

| | |
|---------------|--------------|
| Name | Relationship |
| Aarushi Gupta | patient |
| Completed On | Requested By |
| 02/05/2022 | Cad Dra |



PHQ-9 Results : **SUGGESTIVE OF DEPRESSION**

| Domain | Number of Questions | Total Score | Average Score |
|--------|---------------------|-------------|---------------|
| PHQ-9 | 9 | 8 | 0.9 |



PHQ-9 Information

Total PHQ9 Score < 5=No , minimal depression between 5-9=mild depression between 10-19=moderately severe depression 20 and higher=severe depression.



PHQ-9 Details

| Q. No. | Over the last 2 weeks, how often have you been bothered by any of the following problems? | Not at all | Several days | More than half the days | Nearly every day |
|--------|--|------------|--------------|-------------------------|------------------|
| 1 | Little interest or pleasure in doing things | ✓ | | | |
| 2 | Feeling down, depressed, or hopeless | | ✓ | | |
| 3 | Trouble falling or staying asleep, or sleeping too much | | ✓ | | |
| 4 | Feeling tired or having little energy | | ✓ | | |
| 5 | Poor appetite or overeating | | ✓ | | |
| 6 | Feeling bad about yourself – or that you are a failure or have let yourself or your family down | | ✓ | | |
| 7 | Trouble concentrating on things, such as reading the newspaper or watching television | | ✓ | | |
| 8 | Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual | | ✓ | | |
| 9 | Thoughts that you would be better off dead or of hurting yourself in some way | | ✓ | | |
| Q. No. | Over the last 2 weeks, how often have you been bothered by any of the following problems? | Not at all | Several days | More than half the days | Nearly every day |

